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# Insulin resistance

National Diabetes Information Clearinghouse (NDIC)

## Definitions

### Insulin

Defined by National Diabetes Information Clearinghouse (NDIC)

### Fat

Defined by National Diabetes Information Clearinghouse (NDIC)

### Hypertension

Defined by National Diabetes Information Clearinghouse (NDIC)

### Obesity

Defined by National Diabetes Information Clearinghouse (NDIC)

## Source

National Diabetes Information Clearinghouse (U.S.). (2009). *The diabetes dictionary*. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

The body's inability to respond to and use the [insulin](#) it produces. Insulin resistance may be linked to [obesity](#), [hypertension](#), and high levels of [fat](#) in the blood.