

Review of: "Covid-19 and Transitional Time Objects"

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The COVID-19 pandemic was a collective traumatic event that also functioned as a magnifying glass on various aspects of our civilization. This paper addresses the transformations that the pandemic induced in psychoanalytic work, by popularizing the tool of remote analysis sessions that had remained marginal until then.

Several authors in the last 3 years have questioned the specificity and appropriateness of these sessions. Here the impact that spatial distance had on the subjective perception of session time is investigated. The theoretical framework is Winnicott's, reinterpreted by one of the authors; the focus is on the analyst used by the analysand as a transitional object that, through transference, allows a transformative experience of time.

The paper is original and interesting, but it needs - in my opinion - some substantial modifications.

First, the inclusion of an extensive review of the updated literature is necessary. This will allow the authors a constructive comparison with the results of other studies in the same field.

In particular, it would be useful to track and use, in addition to studies on remote sessions during the pandemic, studies on how home confinement changed daily routines and the relationship with time in many people. This would allow the issue to be placed more precisely within the complex context of the pandemic, taking into account the fact that that context was 'shared' by analysts and analysands.

In addition, it would be appropriate to provide some more information about the protagonists of the clinical vignettes and especially about the course of their analysis at that time. In fact, sometimes the issue of time does not seem central: such as in Vignette B, where it is central that Bahram suffers from seeing his own face during the video call and this does not seem to automatically have anything to do with time.