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Carbohydrate Supplement Drink

National Cancer Institute

Source

National Cancer Institute. *Carbohydrate Supplement Drink*. NCI Thesaurus. Code C107165.

A nutritional supplement drink containing 12.5% carbohydrates, which may enhance recovery following gastrointestinal (GI) surgery. Oral intake of the carbohydrate drink before surgery may prevent insulin resistance and associated hyperglycemia. It may also maintain adequate protein balance and muscle function. Ultimately, giving carbohydrates immediately before surgery may improve overall recovery time and return of GI function. It may also decrease muscle loss.