

Review of: "Public Speaking Training Plan for Mitigating Oral Communication Apprehension"

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Potential competing interests: No potential competing interests to declare.

While the paper "Public Speaking Training Plan for Mitigating Oral Communication Apprehension" presents a comprehensive and well-structured training plan for reducing communication apprehension, there are some areas where it could be criticized or improved:

Lack of Empirical Evidence: The paper mentions a study by Kho and Ting (2023) supporting the claim that public speaking experience reduces communication apprehension. However, it does not provide detailed data or findings from this study. Including empirical evidence or referencing more studies would strengthen the paper's argument.

Limited Cultural Consideration: The paper acknowledges the influence of cultural background on training effectiveness but does not delve into specific strategies for addressing cultural differences. It would be helpful to provide practical approaches or case studies on how to adapt the training plan for diverse cultural contexts.

Insufficient Discussion of Challenges: While the paper discusses the factors contributing to communication apprehension, it could benefit from a more in-depth exploration of the challenges students might face during the training process. This could include discussing potential obstacles and how to overcome them.

Integration of Technology: In today's digital age, it would be valuable to discuss how technology can be integrated into public speaking training. Online tools, virtual platforms, and video presentations are becoming increasingly important, especially in light of remote learning environments.

Measuring Training Effectiveness: The paper mentions evaluation and feedback mechanisms but does not provide details on how to measure the effectiveness of the training plan. Including specific assessment methods and criteria would be beneficial.

Real-Life Application: While the training plan covers various aspects of public speaking, it could be enhanced by providing real-life examples or case studies demonstrating how these skills are applied in professional or academic settings.

Ethical Considerations: Public speaking often involves addressing sensitive topics or diverse audiences. The paper could discuss ethical considerations in public speaking, such as avoiding offensive language or ensuring inclusivity in speech content.

Practical Implementation: The paper could provide more guidance on how educators or trainers can practically implement this training plan in educational institutions or training programs. Offering templates, sample lesson plans, or step-by-step guides would be beneficial.

Global Perspective: While the paper references Toastmasters International, which is a global organization, it could explore how public speaking skills vary in different parts of the world and how the training plan might need to adapt to these variations.

Visual Aids and Technology Training: Visual aids and technology use in presentations are briefly mentioned but not extensively covered. Given the increasing importance of multimedia presentations, dedicating more attention to this aspect could be valuable.

In summary, while the paper provides a strong foundation for a public speaking training plan, it could be improved by offering more empirical evidence, addressing cultural considerations, discussing challenges in-depth, providing practical implementation guidance, and considering the impact of technology and ethical considerations.