

Review of: "Conceptualizing Toxic Positivity: A Scoping Review Protocol"

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Potential competing interests: No potential competing interests to declare.

The article titled "Conceptualizing Toxic Positivity: A Scoping Review Protocol" presents a comprehensive framework for understanding the concept of toxic positivity, particularly its implications for mental health.

The document presents a comprehensive overview of "toxic positivity," highlighting its negative effects on mental health and the importance of recognizing a spectrum of emotions. It proposes a scoping review to synthesize existing literature on the topic, particularly in relation to social media and the COVID-19 pandemic, while following the Arksey and O'Malley framework. The review aims to clarify the definition, dimensions, antecedents, and consequences of toxic positivity, ultimately advocating for a balanced approach to emotional well-being that values authentic emotional expression.

The article titled "Conceptualizing Toxic Positivity: A Scoping Review Protocol" presents a significant topic in contemporary psychology, but there are several critical points that could be improved for a more robust analysis:

Limited Scope of Literature: The article acknowledges that scientific literature on toxic positivity is sparse, which may limit the depth of the review. While it plans to include grey literature, the reliance on non-peer-reviewed sources could introduce bias and affect the credibility of the findings. A more extensive search strategy that includes a wider range of academic databases might yield more comprehensive results.

Definition Clarity: The article aims to define toxic positivity, but it could benefit from a clearer and more precise definition early in the text. This would help set a solid foundation for the subsequent discussions on its dimensions, antecedents, and consequences. A lack of clarity in definitions can lead to misunderstandings and misinterpretations of the concept.

Research Questions: While the research questions are broad, they may lack specificity. The article could improve by formulating more targeted questions that address specific aspects of toxic positivity, such as its impact on different demographics or settings, which would enhance the focus of the review.

Historical Context: The article provides a historical background on the concept of toxic positivity, tracing it back to the New Thought Movement. However, it could delve deeper into how these historical perspectives influence current understandings and practices related to toxic positivity. This would enrich the discussion and provide a more nuanced view of the topic.

Implications for Mental Health: Although the article mentions the mental health implications of toxic positivity, it could expand on this aspect. A more detailed exploration of how toxic positivity affects mental health outcomes in various

environments, such as workplaces and schools, would provide valuable insights. Methodological Rigor: The article follows the Arksey and O'Malley framework for scoping reviews, which is a solid choice. However, it could enhance its methodological rigor by outlining specific criteria for including or excluding literature, which would help in maintaining consistency and transparency in the review process. In summary, while the article addresses an important issue, enhancing clarity, depth, and methodological rigor could significantly improve its overall quality and impact.