

Review of: "Conceptualizing Toxic Positivity: A Scoping Review Protocol"

Risma Niswaty¹

¹ Universitas Negeri Makassar

Potential competing interests: No potential competing interests to declare.

My suggestion for this article is that the research questions proposed are not discussed at all in the results and discussion section. There should be an explanation of the research that has been proposed in the results and discussion section and in the conclusion section. Other than that, I think this article is quite interesting, especially regarding the topic. In addition, deeper research questions can also be explored, rather than just asking questions about definitions.

The research questions should be broad and comprehensive for a scoping review to broadly understand the concept of Toxic Positivity (Walker & Avant, 2019). Arksey & O'Malley's framework also suggests a broad approach to cover the breadth (Arksey & O'Malley, 2005). Adhering to the framework, the following research questions have been formulated.

- What is the definition of Toxic Positivity?
- What are the dimensions of Toxic Positivity?
- What are the antecedents of Toxic Positivity?
- What are the consequences of Toxic Positivity?

Results and Discussion

The unique purpose of a scoping review is to present an overview rather than narrowing the results down, as in a meta-analysis or systematic review. The data analysis will follow a narrative approach. This approach allows for a more flexible and comprehensive exploration of the subject matter, accommodating a variety of study designs and methodologies. The narrative synthesis will involve summarizing the findings thematically, identifying patterns, and discussing the implications of the results in relation to the research questions. Using this method, the review will provide a detailed and nuanced understanding of the topic, capturing the complexity and diversity of the evidence without imposing the stringent criteria required for a meta-analysis or systematic review.

Conclusion

The proposed scoping review aims to comprehensively synthesize the available literature on toxic positivity, offering insights into its definition, dimensions, antecedents, and consequences. By employing the Arksey and O'Malley framework and including grey literature, this research seeks to throw light on the complexities surrounding toxic positivity, contributing to a deeper understanding of its implications on mental health and emotional well-being. Fostering a balanced approach acknowledging the full spectrum of human emotions can lead to healthier coping mechanisms and a more authentic expression of individual experiences.