

Review of: "The Impact of Dietary Intake and Nutritional Status on Birth Outcomes Among Pregnant Adolescents: A Systematic Review"

Patricia Grace-Farfaglia¹

¹ Sacred Heart University

Potential competing interests: No potential competing interests to declare.

The Impact of Dietary Intake and Nutritional Status on Birth Outcomes Among Pregnant Adolescents: A Systematic Review

A well-formulated PICO question would have guided many aspects of the review process, including determining eligibility criteria. May I suggest the following: For pregnant adolescents (P), does poor nutritional status or intake (I) increase the risk of poor maternofetal outcomes (O) compared with well-nourished mothers (C)?

The systematic review process should include a team or at least a 2nd reviewer for screening. This reduces bias in the searching, screening, and data selection process and ensures that the review is thorough. With a second reviewer, I would expect some discussion of the percent agreement for selected papers and how the authors resolved any differences of opinion. Therefore, this paper reads more like a scoping review than an exhaustive systematic review.

With additional changes as suggested, I would be happy to re-review this paper.