

# Review of: "Is Indian Costus Effective Against the SARS-CoV-2 Virus?"

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**Potential competing interests:** No potential competing interests to declare.

The commentary has been skillfully crafted, showcasing a commendable level of organization and systematic presentation. However, I believe that implementing a few strategic changes would significantly enhance its overall quality.

**Focused Examination of Active Constituents:** It is advisable for the author to concentrate more specifically on the antiviral properties inherent in the active ingredients of *Saussurea costus*. By doing so, the commentary can provide a deeper and more targeted insight into the potential mechanisms by which these constituents combat viral infections.

**In-Depth Analysis of In Vitro and In Silico Studies:** The commentary could benefit from a more extensive exploration of in vitro and in silico studies that highlight the efficacy of flavonoids derived from *Saussurea costus* in the context of COVID-19. A comprehensive review of this research would strengthen the scientific foundation of the analysis.

**Inclusion of References for Different Plant Parts:** To bolster the credibility and depth of the commentary, it is advisable for the authors to incorporate references that pertain to the various parts of *Saussurea costus* and the constituent chemicals found within them, particularly those with demonstrated effectiveness against COVID-19.

**Visual Aids for Enhanced Understanding:** Consideration might be given to the incorporation of an interactive diagram or chart. Such a visual aid could serve as a valuable reference tool, offering readers a clear and accessible depiction of the diverse components of *Saussurea costus* and their respective antiviral properties.

By implementing these suggestions, the commentary can provide a more comprehensive and well-rounded exploration of *Saussurea costus*'s potential in combating COVID-19, appealing to a broader audience and contributing to the discourse on natural antiviral agents.