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# Obesity

National Diabetes Information Clearinghouse (NDIC)

## Definitions

### Fat

Defined by National Diabetes Information Clearinghouse (NDIC)

### Body mass index (BMI)

Defined by National Diabetes Information Clearinghouse (NDIC)

### Overweight

Defined by National Diabetes Information Clearinghouse (NDIC)

## Source

National Diabetes Information Clearinghouse (U.S.). (2009). *The diabetes dictionary*. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

A condition in which a greater than normal amount of **fat** is in the body; more severe than **overweight**; having a **body mass index** of 30 or more.