

# Review of: "A Unified Theory of Addiction"

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I enjoyed reading this article that proposes a unified theory of Addiction. It's clear and straightforward and I like how it is presented. Yet, I can understand too what happened during the "displacement mechanism": as a sort of a cross-sensitization (or interaction) between addiction and stress (or stress-associated cues)? making a person facing stressful situations more sensitive to addictive behaviors. The rechanneling as the presence of an alternative reward that might overcome addiction effects? and the therapy as a sort of a behavioral therapy that might boost individual resilience against addiction? So in my opinion, the article is a nice association of previous mechanisms with a new explanation and presentation.