

# Review of: "Conflict Resolution Applications to Peace Studies"

Joan Camilleri<sup>1</sup>

<sup>1</sup> University of Malta

**Potential competing interests:** No potential competing interests to declare.

This article makes for a complicated read due to repetition of the same concepts in different words. The authors quoted, though many are recent, are also few for such an article. One misses the authors who may not necessarily agree with the concepts embraced by the author. It appeared that the author was indicating the need for set processes negotiators and mediators need to follow, which in turn fall under the umbrella of transformative conflict resolution. These appear to include the use of empathy and listening skills. Perhaps the author might want to consider the 7 steps to conflict resolution: 1. Identify the issues. Be clear about what the **problem** is. 2. Understand everyone's interests. 3. List the possible solutions (options). 4. Evaluate the options. 5. Select an option or options. 6. Document the agreement(s). 7. Agree on contingencies, monitoring, and evaluations related to conflict resolution and elaborate on them as a suggestion. Other aspects include negotiator self-reflection and how one's emotions and beliefs might influence the mediation. Another aspect is the emotionality of the persons involved in the conflict and hence the appropriate choice of style: avoidance, accommodation, compromise, and collaboration, with the goal of decreasing the emotions involved so reason may surface.