

## Review of: "Thought Experiment: from Phenomenology to Transcendental Meditation and Dream about the Meaning of Time"

Daniel D. Haldeman

Potential competing interests: No potential competing interests to declare.

I really see this as two articles, one on Time, and the other on Dreams.

Regarding the article of Time:

- 1.) How is consciousness being defined? it's not clear;
- 2.) Regarding discussions on meditation, the discussion would have more relevancy for me if Mindfulness Meditation (Kabat-Zinn, 1982) was included;
- 3.) I see two studies: one on how the reflexive nature of consciousness affects perception of time, and the second on how does an individual's perception of time influence dreaming.
- 4.) Suggestion: expand the Pilot study into a larger study of at least 10-20 participants with a further goal of expanding to a much larger study.
- 5.) Include more recent studies on time and perception.

Qeios ID: E1W82T · https://doi.org/10.32388/E1W82T