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Senna Fruit

National Cancer Institute

Source

National Cancer Institute. *Senna Fruit*. NCI Thesaurus. Code C29447.

The fruit of *Cassia acutifolia* and *Cassia angustifolia* (Cassia) with laxative and purgative activities. The active ingredients in senna fruit include the hydroxyanthracene glycosides sennosides A and B (rhein dianthrones) and sennosides C and D (rhein aloë-emodin heterodanthrones). Sennosides irritate the bowel lining and stimulate the bowel muscular coat, particularly in the colon, resulting in accelerated bowel transit and evacuation.