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Ginger

National Cancer Institute

Source

National Cancer Institute. *Ginger*. NCI Thesaurus. Code C66725.

A fresh, dried or processed form of the rhizome of the Asian perennial plant *Zingiber officinale* (ginger) with potential anti-emetic activity. Ginger is mainly used in cooking due to its unique fragrance and flavor and has been studied for its use in the treatment of nausea and vomiting. The gingerols and shogaols found in ginger may be responsible for ginger's anti-emetic effect.