Qeios

Peer Review

Review of: "AI and Mental Health – A Policy Perspective"

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The manuscript titled *"AI and Mental Health – A Policy Perspective"* addresses a highly relevant and timely topic. The integration of Artificial Intelligence into mental health care is an emerging field that demands scholarly and policy attention. The authors have made a commendable effort to situate the discussion within the UK context, which adds depth and practical significance to the paper. The arguments are well-structured, the writing is clear, and the paper contributes meaningfully to the ongoing debate on responsible innovation in health policy.

I particularly value the focus on the policy dimension, as this angle is often overlooked in the literature yet is crucial for ensuring safe, ethical, and effective implementation of AI in mental health care. By emphasizing both opportunities and challenges, the paper strikes a balanced tone that will be useful for researchers, practitioners, and policymakers alike.

Suggestions for further strengthening the paper:

Future Research Directions: It would enhance the manuscript to briefly outline potential avenues for future empirical research, particularly on how UK policies could be compared with international practices.

Practical Implications: While the policy discussion is strong, including specific examples of how AI tools are currently being piloted or implemented in UK mental health services would provide more concrete grounding.

Ethical Considerations: Expanding slightly on ethical and data privacy concerns, and how policy can mitigate these risks, would strengthen the argument and highlight the paper's relevance to policymakers.

Overall, this is an insightful and well-written paper that makes a valuable contribution. I strongly support its publication after minor revisions.

Declarations

Potential competing interests: No potential competing interests to declare.