

Review of: ""Mealtime Hydration's Impact on Digestion": An Editorial Article"

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The topic of the article is interesting and addresses fundamentals. This topic is not only critical for the nutrition sector but also for drug delivery and many USP protocols (aka dissolution tests). With such importance, and beside the discussed factors of sensor employment, timing, and temperature, it would be interesting to add two main factors: the water pH and the water impurities content (if reported). Additional factors such as the impact of water nature as per the season (summer to winter) could also be added, where some have reported the change in water properties such as pH under such seasonal changes. (Ref. 1, <https://www.mdpi.com/2073-4441/14/17/2732> and Ref. 2: <https://www.frontiersin.org/articles/10.3389/fmars.2021.607644/full>)

On the other side, factors related to human physiology such as obesity, metabolic diseases, and inflammatory bowel disease are significant to highlight.

Finally, it would be important to address the novelty points of the article in comparison to the following article (<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7213043/>)