

Review of: "Internal migration and mental disorders among the adult population: a community-based cross-sectional study in Nepal"

Carlos S. Ibarra¹

¹ College of the Northern Border

Potential competing interests: No potential competing interests to declare.

The title does a good job of capturing the essence of your study. It's straightforward and informative. Your abstract is well-crafted. It concisely summarizes your study's main points, including your methods, key findings, and conclusions.

You've set up the background nicely, giving the reader a good sense of the global and regional context for mental disorders. Your literature review is comprehensive. However, it would be even better if you could delve a bit deeper into the existing research on internal migration and mental health, particularly focusing on what's missing in the current literature that your study addresses. The purpose of your study is evident, but explicitly stating your research questions or hypotheses could make it even clearer.

You've done a great job describing the study's setting, which is really helpful for those not familiar with Nepal. Your sampling method is clearly outlined and seems well-suited to your study's goals. Using the NDHS for your data is a solid choice, but elaborating on why you selected certain variables would help the reader understand their relevance to your study more clearly. Your statistical approach is sound, but offering a bit more rationale for choosing these specific methods would help in understanding your analytical process.

The results are laid out clearly and logically. Your tables do a great job of summarizing the key findings. You've maintained a good balance between your descriptive statistics and the more complex inferential stats. The section does well in highlighting the prevalence of mental disorders and their links to various factors, including internal migration. You explain the logistic regression model results well, which is great for readers to follow your reasoning.

You tie together your main findings effectively in the discussion. Comparing your results with existing literature adds a lot of value. The exploration of why internal migration didn't emerge as a significant factor is intriguing and deepens the study. Expanding a bit more on the implications of these findings, especially for policy and mental health interventions in Nepal, would be really useful. A bit more on the study's limitations, particularly around using secondary data, would give a more rounded picture.

Your conclusion does a good job of wrapping up the study. It's aligned well with your objectives and what you've found. It's concise and to the point, which is great.

Just double-check your referencing style for consistency. Maybe a short section on future research directions based on

your findings would be interesting. A final proofread to catch any small errors would be the cherry on top.

This paper is a significant contribution to the somewhat under-researched area of internal migration and mental health in Nepal. Your methodology is robust, and your findings are clear and insightful. They offer valuable insights for mental health policy and practice in Nepal, especially considering the unique challenges faced by various demographic groups. Great work!