

# Review of: "The Effect of Visual Arts Educative Practices on Social Functionality in Patients With Schizophrenia"

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Potential competing interests: No potential competing interests to declare.

1. There is a lack of recent research literature examining the effects of art therapy on social functioning for patients with schizophrenia or other mental illnesses. For example, it is necessary to refer to the following literature. In previous studies targeting patients with schizophrenia, it has been reported that group art therapy is effective in changes in self-awareness, interaction between group members, and sublimated emotional expression [1], interpersonal relationships, reality testing, self-expression, and independence. It has been reported to be effective in improving self-image.[2] Formative activities in art therapy enable patients to express their creativity when they attempt to overcome emotional obstacles and express their inner thoughts and fears. It functions as a medium. In group art therapy, group members work while consciously and unconsciously sharing their emotions through group work to jointly complete a work of art[38]. A study by Bryan reported that there were positive changes in patients' perspectives on themselves and interpersonal relationships through group art therapy[3], and Handersond[4] reported that interpersonal relationships were improved through strengthening group cohesion and interpersonal learning. Studies showed consistent results.

[1]Spielberger, C.D.,Gorsuch,R.I.,& Lushene, R.E . *Manual for the state Trait anxiety Inventory*. California consulting psychologist press1970.

[2] Song. E.Y., & Y.J. *A Study on the effects of the state anxiety upon the metal healty of middle-aged women*.J Korean Soc Heal Edu 1991;8(2),52-60

[3]Green, B.L, Wehling, C., & Talsky, G. J. 1987. *Group Art Therapy as an Adjunct to Treatment for chronic Outpatients*. Hospital & Community Psychiatry, 38(9), 988-991

[4] Lund, C., Ormerod, E & George, K. 1986. *Art Group Psychotherapy*. British Journal of Psychiatry, 149, 512-515

3. Of the four subproblems presented, where can we find the analysis results for the three research subproblems excluding the last subproblem?

4. It seems necessary to indicate that the experimental and control groups were surveyed using homogeneous measurement instruments before the study intervention. In other words, when forming an experimental group and a control group before intervention, it is necessary to investigate in advance if there should be no statistically significant difference in interpersonal functioning, satisfaction with changes in interpersonal relationships, communication, trust, friendliness, sensitivity, openness, understanding, state anxiety, trait anxiety, etc. between the two groups.

5. It is necessary to present qualitative (interview content) data in order to gain meaningful insight into the analysis of differences in social functioning after practicing visual arts education according to the background conditions of schizophrenia patients, such as gender, marital status, and educational status, etc.