

Review of: "Search for Meaning in the Professional Projects of Seniors at the End of Their Careers: an Interpretative Phenomenological Study"

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One of the most important achievements of society is the extension of life expectancy. Older adults develop and use capital resources, which can be analysed in terms of human capital, social capital, cultural capital, and creative capital. Although there are differences between people in terms of the potentials available, we assume that everyone has a certain creative capacity that allows them to better transform themselves and their environment and to make better use of their resources.

In the introduction, the authors should better define the problem of older people's awareness of the ageing process and emphasise the need to prepare older people for the new challenges of an ageing society and to adapt to the active transition before and after retirement.

To achieve these objectives, the sample of respondents is too small, despite the appropriate methodology. The study also does not take into account the possible influence of external factors that could affect the results, such as changes in the labour market or advances in technology.

The theoretical part of the paper is based on an analysis of a sufficient number of relevant information sources (bibliography). It is positive that the authors of the paper refer to previous related research in their analysis of the results, but they do not take into account what has already been researched about ageing and career development in the last years of active work and preparation for active life after retirement.

The authors explore the importance of recognising that older people need to prepare for the active end of their careers. It would be desirable to stimulate the interest of older people in planning for an active and quality integration into social and professional life after retirement.

This is an interesting and very topical issue because of the career adjustment and the lengthening of working lives and new professional challenges. The article raises new questions and provides a starting point for new research, taking into account the new socio-economic conditions in the career development of older people.