

Review of: "The Effectiveness of Telerehabilitation in Improving Balance Control Among Older Adults: A Systematic Review & Meta Analyses"

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Potential competing interests: No potential competing interests to declare.

It is fitting to have considered me for reviewing this article, given my expertise in the fields of telerehabilitation, allowing me to provide a critical perspective on this review.

TITLE

Add "Protocol" to the title.

INTRODUCTION

- The transition between discussing current treatments and telerehabilitation could be smoother. It abruptly shifts from discussing current treatments to mentioning telerehabilitation during the coronavirus pandemic. A smoother transition could help the reader understand the context better.
- It would also be necessary to reference existing reviews in the field of telerehabilitation so that we understand the added value of your review. The current stated sentence "Studies have been conducted regarding the effectiveness of telerehabilitation in improving balance but have shown inconsistent results" is insufficient.
- The PICO inclusion criteria need to be moved to the methodology section. Avoid redundancy by repeating the same information twice.

METHODS

- Copy the link to PROSPERO, as it is currently only provided in the abstract.
- Add a reference for PRISMA.
- Intervention: Telerehabilitation needs to be defined.
- The description of the various outcomes found in the articles included in the review does not belong in the protocol methodology. You will list this in your review along with your results. In this article, you will change "Mini BESTest" to "Mini Balance Evaluation Systems Test (Mini-BESTest)" in the outcome section. Same for "POMA-G" to "Performance-Oriented-Mobility-Assessment-Gait (POMA-G)" and "STEADI" to "Stopping Elderly Accidents, Deaths & Injuries (STEADI)."
- Assessment of Risk of Bias: Add "Studies with a score of 9 out of 13 will be considered good quality."
- Add "Analysis of subgroups or subsets: Secondary outcomes will also be analyzed in order to gain further knowledge

of the potential effects of telerehabilitation interventions on the psychological aspect of balance as well as the number of falls experienced by the older population.”

REFERENCES

- Lack of literature on the existing subject
- The reference format lacks rigor and needs to be reworked (for example, some years or authors are missing)
- The other references must appear below. The format must also be reviewed. RoB 2 does not appear in the body of the text.

Hope these suggestions prove beneficial to you. I wish you continued success.