

Review of: "[Mini Review] Role of Mango in Immune System"

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Potential competing interests: No potential competing interests to declare.

This chapter examines the effect of mango on the immune system. The current chapter is very interesting and has well mentioned all aspects of mango including its ingredients and their effects on health. The only thing to keep in mind is the way of referencing in some of its sentences. For example, in the following sentences, either the author's name should be mentioned. Then the reference number should be given, or by saying general sentences, for example, a study indicated that....

Introduction

According to [13][14],.....

2.2. Carotene, a precursor to Vitamin A

The findings of [17][18] show that immature mangoes have much less total carotene (90 micrograms) and beta-carotene (1.990 micrograms) than ripe mangoes (2,210 micrograms and 1,990 micrograms, respectively).

[22] conducted a study on the carotenoid composition of

Mangoes' carotenoid composition was examined by [23] concerning ripening, cultivar variations, and processing

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The effect of mango beta-carotene's bioaccessibility on the stage of ripening was investigated by 26].

In addition, [27] investigated the extraction of bioactive substances from mango peels and documented their nutritional characteristics.

Basics of Immune Health

According to [41], it is present from birth and offers instant defence against a variety of infections, Innate immunity includes both chemical and physical barriers....