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Chaste Berry

National Cancer Institute

Source

National Cancer Institute. *Chaste Berry*. NCI Thesaurus. Code C87559.

The round, black berries of the flowering shrub *Vitex agnus-castus*, native to Mediterranean countries and Asia. Chaste berries contain glycosides, flavonoids, alkaloids, monoterpenes, and sesquiterpenes. Chaste berries are considered as a reproductive tonic herb.