

## Review of: "[Commentary] Recognising the Rheumatological Needs of Neurodivergent Females"

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Potential competing interests: No potential competing interests to declare.

Title: "Recognising the Rheumatological Needs of Neurodivergent Females"

## Abstract:

This commentary highlights the increased risk of developing rheumatological diseases in females with neurodivergent conditions, specifically autism, ADHD, and related disorders. It discusses how these conditions often manifest differently in females, leading to under-recognition and potential misdiagnosis. The article emphasizes the importance of improving healthcare professionals' understanding of the unique challenges faced by neurodivergent females and the need for a patient-centered approach to diagnosis and treatment. The authors suggest that addressing these issues can lead to better healthcare outcomes for this population.

## Advantages:

- 1. Addresses an Understudied Area: The article sheds light on a relatively understudied area by exploring the intersection of neurodivergence and rheumatological disorders in females. This could stimulate further research and clinical attention to this vulnerable population.
- 2. Patient-Centered Approach: The article emphasizes the importance of adopting a patient-centered approach to diagnosis and treatment, which is crucial for neurodivergent individuals who may have unique communication and sensory needs.
- 3. Insights from Lived Experience: Two of the authors have lived experience with neurodivergence, providing valuable insights into the challenges faced by this population and their healthcare needs.

## Disadvantages:

- 1. Lack of Quantitative Data: The article relies on qualitative descriptions and anecdotal evidence to support its claims. While this provides valuable context, it may benefit from incorporating quantitative data and studies to strengthen its arguments.
- 2. Limited Scope: The article primarily focuses on autism, ADHD, and related conditions, leaving out other neurodivergent conditions that may also be relevant to rheumatological disorders.
- 3. General Audience: The article appears to be written for a general audience, lacking the in-depth scientific analysis typically expected in academic journals.



Whether the content is sufficient for publication in a journal of divulgation:

The content of this article provides a valuable overview of the challenges faced by neurodivergent females in relation to rheumatological disorders. However, its limited scope, lack of quantitative data, and the absence of in-depth scientific analysis may make it more suitable for a general audience or a healthcare-focused publication rather than a rigorous academic journal. To enhance its suitability for publication, the authors may consider expanding on the scientific aspects and incorporating empirical research findings to support their claims.

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