

Peer Review

Review of: "The Loneliness Epidemic: Exploring Its Impact on Mental Health and Social Well-Being in Modern Society"

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Major Limitations

1. Insufficient Methodological Rigor for a Review Article

Although the manuscript states that multiple databases were searched, the review lacks key methodological details typically required for high-quality evidence synthesis:

Absence of a structured search strategy or PRISMA framework

No description of the study selection process

Lack of quality assessment or bias evaluation of included studies

Limited justification for thematic categorization

These limitations reduce reproducibility and weaken scientific rigor.

2. Overly Narrative and Descriptive Style

Large sections rely on historical anecdotes, philosophical reflections, or media references rather than empirical analysis. While these elements improve readability, they reduce academic density and the strength of evidence-based arguments.

The manuscript would benefit from:

More quantitative prevalence data

Comparative analysis between populations

Integration of meta-analytic findings

Structured summarization tables

3. Inconsistent Citation Quality

Some references originate from non-academic sources (e.g., media content or online videos), which weakens the scholarly credibility of the review. Stronger reliance on peer-reviewed epidemiological and psychiatric literature would enhance reliability.

4. Limited Critical Appraisal of Technology's Dual Role

The discussion on social media and digital connectivity is informative but lacks balanced evaluation. The manuscript tends to emphasize negative psychological effects without sufficiently discussing:

Digital social support communities

Tele-mental health benefits

Online peer support interventions

A more nuanced perspective is recommended.

Declarations

Potential competing interests: No potential competing interests to declare.