

Peer Review

Review of: "Improving Counselor Supervision and Documentation Through the Integrated Supervision Casenote"

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The article addresses a clear gap in counselling supervision literature. The authors respond to this need by introducing the ISC, a structured casenote template that helps supervisors intentionally track a supervisee's growth while shifting between roles such as teacher, counsellor, and consultant.

One of the strongest aspects of the article is its thoughtful integration of major supervision frameworks. Rather than feeling theoretical or dense, the integration feels purposeful and clearly tied to the day-to-day realities of supervision.

Another major strength is the emphasis on supervisor self-reflection. It reinforces the idea that supervision is not just about guiding the trainee, but also about the supervisor staying aware of their own patterns.

There are a couple of areas where the article could expand. Including a brief illustration of how supervisors from other orientations – such as CBT or systemic approaches – might apply the template would make it even more broadly useful.

Overall, this is a highly recommended read for supervisors and counsellor educators. It reframes documentation as more than a requirement – it becomes a reflective tool that supports the client, supervisee, and the supervisor.

Declarations

Potential competing interests: No potential competing interests to declare.