

Review of: "Sacred Plants and Their Miraculous or Healing Properties"

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The manuscript "Sacred Plants and Their Miraculous or Healing Properties," by Ana Maria Rosso, explores the ethnobotanical value of sacred plants beyond their medicinal properties. It discusses how these plants have been integral to medicine, religion, and ritual life across various cultures and eras, particularly for their roles in inducing mystical experiences and altered states of consciousness. The text delves into the distinctions between different types of psychoactive substances, their effects on human physiology and psychology, and their significance in ritual, shamanism, and ecstasy. Through examining plants like mandrake and peyote, the article sheds light on their complex histories, cultural significances, and the profound impacts of their alkaloids on human beings. This comprehensive review emphasizes the multifaceted roles of sacred plants in human societies, blending historical perspectives, cultural practices, and modern scientific understanding. The manuscript provides novel insights, substantial evidence, and a significant contribution to the study of ethnobotany, sacred plants, and their cultural and medicinal roles; it could be a valuable addition to a relevant academic journal.