

Review of: "Exploring the Multidimensional Influences on Sleep and Active Heart Rate Dynamics: A Comprehensive Study"

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Potential competing interests: No potential competing interests to declare.

The study reported the effects of various factors on heart rate. While the authors are reporting many results, it is not clear what the value of the article is. Even though there are some newly found relationships, most of the results have already been reported. It may be preferable to separate new findings from supportive findings to highlight the value of the article. The numbers in Table 3, which seem to be the main results, are not clearly described.