

Review of: "Hyphae and Healthspan"

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Potential competing interests: No potential competing interests to declare.

The authors review and discuss *Candida* overgrowth and how it may be related to health and/or its span. The subject matter and overall theme are very important.

However, there are important flaws in their style of writing:

1. TOO much information is presented.
2. Information is presented TOO fast.
3. TOO many previously undefined abbreviations.

While I do not know the reason for this "style," I find it impossible to follow.

I must therefore reject the paper unless:

The points above are addressed:

1. Greatly slow down the information presented.
2. Also greatly slow down what information is being presented.
3. Finally, slow down the presentation of previously undefined abbreviations. This could be done in two ways: either define the abbreviation beforehand OR insert a table or some sort of separate section where ALL the abbreviations are defined.

For example:

Inflammaging, *Candida*, and Periodontitis

Aging is characterized by systemic chronic inflammation, known as inflammaging. It is associated with autoimmunity, dementia, and cancer.

On the other hand, periodontitis triggers inflammaging. It is directly linked to cancer risk, dementia, and autoimmune diseases, including SLE, systemic sclerosis, Hashimoto's disease, and multiple sclerosis (MS).

Porphyromonas gingivalis (PG) is a bacterium belonging to....

It has been implicated in the generation of ???(ACPABs) in ??? (RA) patients, suggesting a direct biological intersection between periodontitis and RA.

My recommendation at this stage is as follows:

REJECT unless major changes are made.