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Non-24-hour sleep-wake syndrome

INSERM

Source

INSERM. (1999). Orphanet: an online rare disease and orphan drug data base. Non-24-hour sleep-wake syndrome. ORPHA:73267

Non-24-hour sleep-wake disorder (non-24 disorder), also known as hypernycthemeral syndrome, is a circadian rhythm sleep disorder characterized by non-synchronization to a 24-hour day leading to insomnia and daytime sleepiness with sometimes severe associated manifestations.