

Review of: "The Impact of Dietary Intake and Nutritional Status on Birth Outcomes Among Pregnant Adolescents: A Systematic Review"

Suresh Kumar Rath¹

¹ Sumandeep Vidyapeeth University

Potential competing interests: No potential competing interests to declare.

I sincerely appreciate the chance to review your work, and I thank you for giving it to me.

For a systematic review, please adhere to the PRISMA checklist (SR). Given that the papers included in this review are rather old—between 15 and 25 years old—I seriously doubt that this SR will be helpful at the policy level.

My recommendations are as follows:

Utilize research articles from the last five years based on specific micro- and macronutrients, and adhere to the proper SR recommendations (PRISMA)