

Review of: "[Commentary] Recognising and Managing Medical Issues in Neurodiverse Females"

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This article provides a significant contribution to medical knowledge on neurodiversity. The key contributions are:

- [] A focus on women, which highlights certain signs and symptoms that are different from those presented by men and that do not necessarily refer to the male or female reproductive system.
- [] The association of certain physical conditions such as fibromyalgia, endocrine disorders, obesity, asthma and allergies, with neurodivergence in women.
- [] The association of mental problems such as emotional impulsivity, anxiety, panic attacks, depression, etc., with certain single or combined conditions of Neurodiversity in women.

These contributions will help many women to understand their situation and with it, to better manage their lives and their destiny. They will find a light on their way to seek medical help.

The biggest challenge is to extend this new knowledge to the medical and nursing staff since their training, since it is the only way to help a significant percentage of the population to lead a better quality of life.