

Review of: "Inclusive Academic Advising for students with mental health issues. The views and experiences of Academic Advisors"

Shinu Kuriakose¹

¹ New York Institute of Technology

Potential competing interests: No potential competing interests to declare.

This article is quite timely and much needed in this post Covid era college students find themselves in. Certainly, mental health has gained a prominence not seen for a very long time and students are especially affected during this sensitive time of their lives. The study does take a pragmatic approach to assess the perceptions of Academic Advisors (AA) in how they approach their students who might deal with mental health issues. The qualitative nature of this study does allow the researchers to gain insight into how AA's view their responsibilities: mainly as an academic mentor, feeling that there is a lack of training for them to be helping students with pastoral care, a concern about burnout and excessive time spent with students dealing with these issues which may prohibit them from the other aspects of their job.

It would have been useful to focus on other universities as well as this study is based on a specific college viewpoint. There also needs to be more specific data relayed to the readers on how each perception was viewed in terms of time commitment, etc...

Overall, this is a good study.