

Review of: "Psychiatric Diagnostic Classification System Based on New Forms of Parenting Practices: an Invite for a Rethink"

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Potential competing interests: No potential competing interests to declare.

The authors have evaluated the importance of parenting in influencing a child's mental health. This article is yet another eye-opener to the importance of the evolving social norms and deep-rooted cultural practices of parents. This article proposes a unique approach to evaluating parenting strategies and evaluating for the presence of psychopathology when we are trying to deal with infants and adolescents. While most professionals agree on the biopsychosocial model of illness, we fail to address the same during treatment. Parents are mostly in denial when we try to educate them about the implications of factors that might involve them. Although evaluation of parenting and parental psychopathology might not be beneficial in diagnosis, it would be beneficial in the treatment process.

Redefining diagnostic classification based on parenting practices would require extensive clinical research to prove that parental practices are causal factors for psychiatric illness in children and adolescents. Researchers have only been able to find relationships between the same through observational studies. Hence the authors could also elaborate on the need for more research in these areas of a child's life.