

# Review of: "Exploring the Relationship Between Dietary Practices and Academic Performance of High School Students in Tamale Metropolis, Ghana"

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Potential competing interests: No potential competing interests to declare.

The study has merits and addresses a pertinent issue. In my review, the following should be considered along with the standard language for a scientific publication:

Please mention how and why the sample size was increased from 375 to 800.

Reliability of tools is fine.

In the ethics section, clarify how the respondents were made aware of confidentiality.

In Table 2, lunch and dinner were skipped because the students did not like the available food. Could the possible reasons or types of food served be discussed in the discussion section?

Any explanations behind the analysis done with those four major subjects? Could be explained in the methods section (data analysis).

In the Recommendations section, please suggest how the dietary diversity of students could be maintained, i.e., who should take it responsibly. Is it better to recommend only regarding two subjects having correlation with dietary diversity? The authors should present in an intelligible way the relation of dietary diversity with other subjects.