Review of: "Research Trends in Mindfulness for Adolescents: Based on CiteSpace Visualization Analysis"

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Potential competing interests: No potential competing interests to declare.

The study, titled "Research Trends in Mindfulness for Adolescents: Based on CiteSpace Visualization Analysis," offers a valuable examination of the current state of research on mindfulness for adolescents. The abstract highlights the increasing utilization of mindfulness to enhance the mental well-being of adolescents and emphasizes the study's unique approach through CiteSpace visualization analysis.

The extraction of English literature from the Web of Science (WoS) and Chinese literature from the China National Knowledge Infrastructure (CNKI) databases, spanning 1999 to 2022 and resulting in a dataset of 1317 papers, provides a comprehensive foundation for the analysis. Notably, the application of CiteSpace for generating online maps reveals global cooperation patterns among countries, institutions, and authors.

The study uncovers a noteworthy disparity in collaboration among institutions in the Chinese literature compared to the English literature, shedding light on potential areas for improvement in research synergy. The identification of overlapping and discrepant research themes in the literatures of both languages over time offers valuable insights into the dynamic nature of mindfulness research for adolescents.

The call for future research to delve into the mechanisms of mindfulness and explore appropriate target groups aligns with the evolving nature of the field. Furthermore, the recommendation to strengthen collaboration among authors reflects a proactive approach to advancing the collective knowledge in this area.

In conclusion, this research not only provides a comprehensive overview of the current state of mindfulness research for adolescents but also offers actionable insights for future exploration and collaboration. The utilization of CiteSpace for visualization analysis adds a unique dimension to understanding global trends in this critical field of study.