

# Review of: "Quantum Resonance with the Mind: a Comparative Analysis of Buddhism's Eighth Consciousness, Quantum Holography and Jung's Collective Unconscious"

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Potential competing interests: No potential competing interests to declare.

Fascinating exploration of the intersections between Eastern and Western perspectives across various disciplines, including science, psychology, and spirituality. The efforts to link the different fields themselves illustrate the implicit interconnectedness of existence. The comparative analysis is thought-provoking, presented in accessible language. It sparks my further association with Taoist works like "The Secret of the Golden Flower," which could complement the study further (this is my "quantum resonance"). While the content is engaging, there is some occasional repetition that can be distracting. In the conclusion, the suggestion for future research, particularly in understanding a richer, more dynamic meaning of consciousness, is commendable. It may also serve as a catalyst for exploring applications in coaching and counseling, fostering innovation in these fields.