

Review of: "Insights into the Psychological Strains of University Life: A Study of Albanian Students"

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Potential competing interests: No potential competing interests to declare.

A good piece of research on the mental health of university goers. But it does have some fundamental limitations, such as the sampling method used is not randomized and the sample is not proportionally drawn from the population segments (more than 80% drawn from business and economics, leaving other streams underrepresented in the sample). Last but not least, the discussion section is written as a results section, and others' work in support or against is not cited.