

# Review of: "[Review Article] Nanocarriers for Protein and Peptide Drug Delivery"

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Potential competing interests: No potential competing interests to declare.

# > Title

- The title clearly indicates the focus of the review, which is on nanocarriers used for protein and peptide drug delivery. It is specific and informative, providing a good overview of the paper's content.

## > Authors and Affiliations

- The authors are affiliated with reputable institutions in Iraq, which adds credibility to the research. The corresponding author's contact information is provided, which is essential for further communication and queries.

# > Abstract

- The abstract concisely summarizes the background, aim, materials and methods, results, and conclusion of the review. It provides an overview of the challenges in protein and peptide drug delivery and the potential of nanocarriers to overcome these challenges.

## > Introduction

- The introduction section effectively sets the stage for the review by discussing the significance of peptides and proteins in therapeutics and the challenges in their delivery. It introduces nanocarriers as a potential solution and explains their relevance in the context of drug delivery.

## > Materials and Methods

- As a review article, it synthesizes existing literature rather than presenting original experimental data. The method of literature review, including the sources and keywords used, is well-articulated, ensuring the study's comprehensiveness and relevance.

# > Results

- The results section highlights the advancements in nanocarriers for protein and peptide drug delivery. It discusses various types of nanocarriers like microspheres, microemulsions, nanoemulsions, and nanoparticles, including liposomes and polymeric nanoparticles.



The advantages and potential applications of each nanocarrier type are well-explained, providing a detailed insight into current developments in the field.

#### > Conclusion

- The conclusion summarizes the potential of nanocarriers to enhance the delivery of protein and peptide drugs, addressing their stability, bioavailability, and targeted delivery challenges. It also points out future research directions, emphasizing the need for optimization and in vivo studies.

# > Figures and tables

- The figures and tables, such as the illustrations of protein sources and the tabulation of polymeric nanoparticles, provide valuable visual information that complements the textual content, aiding in the understanding of the concepts discussed.

#### > References

- The paper cites a wide range of relevant and recent sources, indicating a thorough and up-to-date review of the literature. This extensive referencing strengthens the review's credibility.

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# > Overall Analysis

The paper is well-structured, with clear and logical progression from the introduction to the conclusion. It
comprehensively covers the topic of nanocarriers for protein and peptide drug delivery, discussing various types of
nanocarriers, their mechanisms, advantages, and potential applications. The review is informative and provides a deep
insight into the current state and future prospects of nanocarrier-based drug delivery systems.

# > Potential Areas for Improvement

- While the paper is thorough, it could benefit from a more detailed discussion on the clinical translation of these nanocarriers, including aspects related to scalability, regulatory challenges, and market availability.
- Additionally, case studies or real-world applications could be included to demonstrate the practical impact of these
  nanocarriers in healthcare.

# > Conclusion

• This review article is a valuable contribution to the field of drug delivery, offering an in-depth analysis of nanocarriers for protein and peptide drug delivery. It highlights the advancements in this area and outlines future research directions, serving as a useful resource for researchers and practitioners in the field.

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