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# Waist-Hip Ratio

National Cancer Institute

## Source

National Cancer Institute. *Waist-Hip Ratio*. NCI Thesaurus. Code C17651.

The ratio of the abdominal circumference at the navel to maximum hip and buttocks circumference; looks at the proportion of fat stored on the body around the waist and hip. Carrying extra weight around the waist is a greater health risk than carrying extra weight around the hips or thighs.