

# Review of: "Why are there different versions of the COM-B model diagram?"

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**Potential competing interests:** No potential competing interests to declare.

I enjoyed reading this article thankyou.

In addition to the very good comments already posted, I'd like to suggest that the model recognise a temporal component. Specifically, that Behaviour and Motivation, plus the Opportunity and Capability constraints, are likely to be dynamic and change over time.

For example, one may be motivated towards an act, but does not have the capability, so the behaviour (time 1) is to improve one's skills, thus achieving the target behaviour (time 2).

With this approach, Model 1a is the only one needed.