

Review of: "A Systematic Review and Meta-Analysis of Psychotherapeutic Approaches for Recurring Nightmares"

Edvaldo Begotaraj¹

¹ Sapienza University of Rome

Potential competing interests: No potential competing interests to declare.

It is an interesting study with relevant outcome that could be useful for other reserchers to use as a start. The methodology is quite good, and the hypotheses and researchq uestions are well constructed. Moreover, standrd ENGLISH is very good and there is an accurate work at the statistical analyses. The authors have been careful at the data and at working on conclusions. Overall, I found this work very interesting with relevant findings.