

Review of: "Effectiveness of a novel multi-modal intervention for family caregivers of persons with age-related macular degeneration: a randomised controlled trial"

Xue Yin¹

¹ Suzhou University

Potential competing interests: No potential competing interests to declare.

While the concept is intriguing, the methodology employed in this study has several drawbacks. The study aimed to evaluate an intervention aimed at reducing caregiver burden among family members caring for people with AMD. Unfortunately, the results did not indicate any improvement in statistics. The burden of caring for AMD patients can be influenced by numerous factors such as the severity of the disease, the treatment regimen, the economic and educational levels of the patient and their family, as well as the local community environment. These may all act as obvious interfering factors. However, the study does not provide a clear explanation of these factors, making it difficult to be convincing. As regular physical and emotional support is crucial for individuals with AMD, it is recommended that the author designs a more comprehensive and reasonable research study that can offer a deeper understanding of the factors that influence caregiver burden. Such a study should account for the various factors that contribute to caregiver burden in order to obtain results that are more thorough and validated, providing caregivers with invaluable information to help alleviate their struggles.