

Review of: "The Psychological Impact of Leisure and Rehabilitation Activities in Children and Adolescents With Autism: A Delphi Approach"

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Potential competing interests: No potential competing interests to declare.

I think this is an excellent study about the psychological impact of leisure and rehabilitation activities on children with Autism.

This study completely chose what kind of activities have a positive impact on children and adolescents with Autism, according to 18 experts on Autism rehabilitation.

I agree with the five activities which are potential to successfully cover the overall span of emotions. In my opinion, children and adolescents with Autism should increase their capability in social and emotional engagement, so maybe the activities such as outdoor visits to common life environments and dramatherapy can be enriched by giving a group task such as making a synopsis about a drama story or reporting about what they saw and their impressions about the outdoor visits. So the children with Autism can share their opinions, impressions, and working together to make a report or synopsis.

I also suggest that these 5 activities, identified by the Delphi approach, can be continued with research to find out the impact of these 5 activities on the improvement of psychological impact.

Finally, activities such as outdoor visits to common life environments can be customized according to local habits.