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Metabolic syndrome

National Diabetes Information Clearinghouse (NDIC)

Definitions

Type 2 diabetes

Defined by National Diabetes Information Clearinghouse (NDIC)

Hypertension

Defined by National Diabetes Information Clearinghouse (NDIC)

Triglyceride

Defined by National Diabetes Information Clearinghouse (NDIC)

Blood glucose level

Defined by National Diabetes Information Clearinghouse (NDIC)

HDL cholesterol

Defined by National Diabetes Information Clearinghouse (NDIC)

Source

National Diabetes Information Clearinghouse (U.S.). (2009). *The diabetes dictionary*. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

A grouping of health conditions associated with an increased risk for heart disease and **type 2 diabetes**. Conditions include **hypertension**, a large waist, high **triglyceride** levels, low **HDL cholesterol** levels, and above-normal **blood glucose levels**. Metabolic syndrome was previously called **Syndrome X**.