Metabolic syndrome

National Diabetes Information Clearinghouse (NDIC)

Definitions

**Type 2 diabetes**
Defined by National Diabetes Information Clearinghouse (NDIC)

**Hypertension**
Defined by National Diabetes Information Clearinghouse (NDIC)

**Triglyceride**
Defined by National Diabetes Information Clearinghouse (NDIC)

**Blood glucose level**
Defined by National Diabetes Information Clearinghouse (NDIC)

**HDL cholesterol**
Defined by National Diabetes Information Clearinghouse (NDIC)

Source


A grouping of health conditions associated with an increased risk for heart disease and *type 2 diabetes*. Conditions include *hypertension*, a large waist, high *triglyceride* levels, low *HDL cholesterol* levels, and above-normal *blood glucose levels*. Metabolic syndrome was previously called *Syndrome X*. 

Qeios ID: I9XDTQ · https://doi.org/10.32388/I9XDTQ