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Sage Tea

National Cancer Institute

Source

National Cancer Institute. *Sage Tea*. NCI Thesaurus. Code C87570.

An herbal tea made from the dried leaves of *Salvia officinalis*, a small perennial evergreen. Sage leaves contain tannic acid, oleic acid, ursolic acid, ursolic acid, cornsolic acid, fumaric acid, chlorogenic acid, caffeic acid, niacin, nicotinamide, flavones, flavonoid glycosides, and estrogenic substances. Extract of Sage exhibits antioxidant and radical-scavenging activities.