

Review of: "Insomnia Prevalence and Mental Health Correlates Among 18,646 Users of an Internet-Based Cognitive-Behavioural Therapy Website: Archival Real-World Data From the United States, 2017–2019"

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Potential competing interests: No potential competing interests to declare.

Thank you very much.

It looks like a very interesting study.

1-) You may remove the following if you think the study is not serious. There is no need to mention it.

A review published in 2023 was only able to find 6 evaluation studies during a 10-year search period that focused on iCBT and were included in the review, and although all of them found positive results for users, half of these studies had a risk of bias as the authors were linked to the commercial services.

2-) You can give more information about data analysis. You can mention the significance threshold.

3-) You can improve figure quality. It's hard to read the text.

4-) You can mention how you define a small-sized statistical effect in your study.

Participants of White race had slightly better overall health than those of other races; however, this also was a small-sized statistical effect ($r = .15$).