

Peer Review

Review of: "The Polyvagal Theory in Contemporary Psychology: Why Popularity Should Not Be Confused with Scientific Validity"

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The paper presents and cites extensive research related to the Polyvagal Theory, beginning with background on the theory and the lack of research supporting it, which provided helpful context. The discussion of the theory in relation to animals was helpful for understanding some of the research. One piece of feedback would be to integrate this back to humans (if there is literature that briefly mentions this). Given the lack of empirical evidence, a method for connecting animal research to human research could be a comparison of the mammalian brain to the humanoid brain to highlight possible inferences about Polyvagal in the context of humans.

Declarations

Potential competing interests: No potential competing interests to declare.