

Peer Review

Review of: "Zad's 4-Dimensional Model of the Self: An Integrative Conceptualisation"

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The article presents a model of the self to assist in diagnosing and treating psychiatric disorders. It proposes that the self is composed of several processes (thoughts, behaviors, emotions) that are related to different biological (i.e., neurologic) components, which are integrated/interpreted based on metacultural factors. Although interesting in terms of providing a model of the self, the model does not seem to truly apply to the diagnosis of different psychiatric disorders. If the model is fleshed out, it should present different categories of psychiatric disorders (e.g., thought disorders, behavioral disorders, affective disorders) that are related to distinct neurological factors (i.e., networks, hormones) and influenced by cultural factors. Presenting a limited number of case examples does not support the model.

However, with that said, it is suggested that the article can be significantly improved by truly focusing the model on psychiatric disorders of the self (e.g., schizophrenia, DID, borderline, Capgras, Fregoli, Cotards syndromes, etc.). A review of a recently proposed model of the self (Johnstone, B., Cohen, D., Anderson, R., Dennison, A., & Bosque, L. (2025). Reconceptualizing Disorders of the Self as Disorders of Relationship. *Archives of PM&R*) can provide a framework for expansion of this article to focus on psychiatric disorders of the self, which would be truly novel.

Declarations

Potential competing interests: No potential competing interests to declare.