

Review of: "How do older adults cope with their aging and age? A scale for an offensive coping strategy of older adults"

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The article is an interesting approach and attempt to measure offensive strategies of older adults. The elaboration and explanation of coping strategies by older adults was very well done and convincing. The selection of questions is well considered, however the questions as such (with the exception of question 4710) are not specifically related to older age and could be applied to other age groups, such as people in their forties or fifties.

To relate the questions to measure the OS of older adults, I missed in the statistics and analysis a review on coping with older age. That is a review on possible issues the respondents may be facing or have faced, and what is mentioned in the earlier paragraphs, such as loss of a partner or suffering from a severe illness or condition. Did the researcher check on the background situations from the respondents to validate if OS is still valid for people who suffer from losses? Do the respondents really cope with old age or are they just positive minded people? This check and analysis are missing to draw conclusions on coping with old age. This is a shortcoming.

More in detail:

- The article starts with an introduction on stress and later on the relation to ageing is mentioned. It is recommended to start to explain why ageing may be causing stress, and then focusing on stress itself.
- A definition of ageing is missing. When are people aged?
- A reference of stress of ageing (page 2) is missing.
- 3rd and 4th age should be better explained (page 2)
- Conclusions and limits: the OS strategy for older adults in relation to ageing issues and other age groups should be better explained.