

Review of: "Reevaluating Dietary Interventions for Health and Longevity: Beyond Low-Carb Diets and Exploring Phyton-Chemicals"

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Potential competing interests: No potential competing interests to declare.

1. There is no referencing in the first sections of the body text.
2. Page 1, Line 4: '...but it is totally wrong. ...' This is a very strongly worded phrase that needs to be rephrased.
3. Line 5: 'trad. medicine'... Use full term 'traditional'
4. Page 2, L3: 2 hrs. Suggest: 'hours'
5. P2, L4: 'absorbed by ~~vowels~~ and...' correction: bowels
6. P2, L9: GC in full term/name.
7. P2, L14 '...metabolic syndromes / Res. on TCM has...' Please use full terms/names.
8. P2, L20-21: 'people who had short lives' rephrase it to '.. those who deem last resort to treatment...'
9. P2, L21: '...no treatment of metabolic syndromes'. Do you have references for this claim?
10. P2, L23: as this is an article of scientific nature, the onus is on the authors to know and find relevant references. The research has not been in-depth enough.
11. P2, L28: 'resp.' to be written in full.
12. P2, L32: 'worked so effectively as ~~anesthesia~~' correct to 'anesthetic drug'
13. P3, L2: May I know what do you mean by '...hereditary reasons'?
14. P3, L3 "...nerve-system disrupting substances..." correct it to "... nervous system-disrupting substances..."
15. P3, L5: '... many species must have ~~extinguished~~ unless'...correction: '...must have extinct'...
16. P3, L11: '...artificial food like heated starch'... Is heated starch a type of artificial food?
17. P3, L12: '...never a chance of having' is a very strong assumption and wording' Is there a reference to substantiate the claim?
18. P3, L14: 'nerve-system' to be corrected to 'nervous system'
19. P3, L20: rephrase 'synthesizing ones and break-down ones.'
20. Overall: this article needs to be proofread.
21. Reference: Confusing (for example: P5, L1 Li et al. (2023) and Li et al. 2023), are these 2 different references? if so, need to identify them as 2023a, 2023b; Lacking/incomplete (for example: P5, L33 : correction: Tokin and Kamiyama (1980)); and/or without year of publication: for example: P5, L24 (Natsui, Wada).

